



**Trials are the Tools that Grow You**

NorthRidge Church

Dr. M. David Myers

January 28, 2018

**Truth for Life**

For the week of January 28, 2018

(Questions and Scriptures for further study)

*In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that...the end result of your faith, the salvation of your souls. 1 Peter 1:6-9*

**Trials are ...**

- 1) \_\_\_\_\_—v. 6  
Cp. 1 Corinthians 4:16-17; 1 Peter 5:10
- 2) \_\_\_\_\_—v. 6b  
Cp. Matthew 16:21; 2 Timothy 3:12; Genesis 50:20; Psalm 119:71
- 3) \_\_\_\_\_—v. 6c  
Cp. Matt. 26:37-38; Heb. 12:11; James 1:2; Acts 14:22; Job 5:19
- 4) \_\_\_\_\_—vs. 7-9
  - a. Trials \_\_\_\_\_ in the Lord.  
Cp. Is. 48:10; Job 23:10; Ps. 66:10-12
  - b. Trials \_\_\_\_\_ for the Lord.  
Cp. John 20:29; Job 13:15; Ps. 119:141
  - c. Trials \_\_\_\_\_ in the Lord.  
Cp. Acts 5:41
  - d. Trials \_\_\_\_\_ in the Lord.

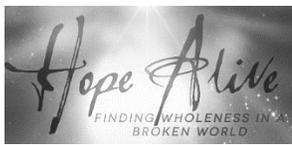
**Toward a Successful Navigation of Trials**

- 1. Confess your \_\_\_\_\_ to God.
- 2. Give up your demand to know “\_\_\_\_\_” you’re going through pain.
- 3. Give God the right to say “\_\_\_\_\_” to you.
- 4. Treat your trial as a \_\_\_\_\_ from God.
- 5. Use your suffering as a means to \_\_\_\_\_.
- 6. Go with the gospel and expect \_\_\_\_\_.
- 7. Put your trust in Jesus who \_\_\_\_\_ in order to solve your sin problem.

- 1. Identify the greatest (in magnitude) trial(s) you have ever faced. What were they? What impact did they have upon your life? In your own opinion, did you successfully encounter the trial(s)? Why or why not? Ultimately, what lasting impact do you still carry from that trial/those trials?
- 2. Peter identifies an emotion that we should encounter in trials, first part of 1 Peter 1:6; what is it? Read back through 1 Peter 1:3-5 and jot down reasons for this emotion. As vs. 6 continues, there is another emotion that is identified; what is it? What is the difference between these 2 emotions? In a trial, is it common to encounter one of these emotions more than the other? Why?
- 3. Peter clearly identifies that God’s purpose in trials is to transform us toward godliness. What principles do the following Scriptures teach us, that are critical during trials?
  - James 1:2-4
  - James 1:5
  - Ephesians 5:15-16
  - Philippians 4:6-7
  - Philippians 4:8-9
  - Proverbs 3:5-6
- 4. In short, the success/failure of our navigation begins and ends in our mind. Do you agree/disagree? Why? How does knowing our trials have purpose affect our attitude during the trial? How does knowing God is with us in trials affect our attitude? Reflecting on Question 1, can you identify a cause for your success/failure of that trial? Is there anything you might do to better succeed the next trial?

**Memory Verse**

*“Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.” 2 Corinthians 4:16*



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### Trials are ...

- 1) **Temporary**—v. 6  
Cp. 1 Corinthians 4:16-17; 1 Peter 5:10
- 2) **Timely**—v. 6b  
Cp. Matthew 16:21; 2 Timothy 3:12; Genesis 50:20; Psalm 119:71
- 3) **Terrible**—v. 6c  
Cp. Matt. 26:37-38; Heb. 12:11; James 1:2; Acts 14:22; Job 5:19
- 4) **Transforming**—vs. 7-9
  - a. Trials **strengthen our faith** in the Lord.  
Cp. Is. 48:10; Job 23:10; Ps. 66:10-12
  - b. Trials **deepen our love** for the Lord.  
Cp. John 20:29; Job 13:15; Ps. 119:141
  - c. Trials **grow our joy** in the Lord.  
Cp. Acts 5:41
  - d. Trials **help us hope** in the Lord.

### Toward a Successful Navigation of Trials

1. Confess your **bitterness** to God.
2. Give up your demand to know “**why**” you’re going through pain.
3. Give God the right to say “**no**” to you.
4. Treat your trial as a **gift** from God.
5. Use your suffering as a means to **minister to others**.
6. Go with the gospel and expect **persecution**.
7. Put your trust in Jesus who **suffered in your place** in order to solve your sin problem.

## Truth for Life

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(Questions and Scriptures for further study)

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