



**Blessed  
are the**

*NorthRidge Church*

*Dr. M. David Myers*

January 15, 2017

## Truth for Life

For the week of January 15, 2017

(Questions and Scriptures for further study)

*And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. 2 Then He opened His mouth and taught them, saying . . . Blessed are the meek, for they will inherit the earth. -*

*Matthew 5:1-5*

We begin with the observation that the word "meek" does not have a positive connotation in our culture. It suggests many things, none of which are very appealing. A quick check of the thesaurus bears this out. Here are some listed synonyms for "meek:" . . . humble, docile, mild, calm, gentle, peaceful, tame, submissive, soft, spineless, passive, and broken. Based upon this list, if you tell someone you think they are meek, they will probably not take it as a compliment. In fact, they will probably think you are implying something negative about their character.

### **Blessed are the . . .**

#### 1. Meekness Defined . . .

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#### 2. Meekness Illustrated \_\_\_\_\_ Cp. Psalm 37

#### 3. Meekness Illustrated \_\_\_\_\_ Cp. Numbers 12:1-13; 1 Samuel 24:1-6; Genesis 13:5-8

#### 4. How About a Meekness Transformation . . .

- a) Study Under \_\_\_\_\_
- b) Welcome \_\_\_\_\_
- c) Submit to \_\_\_\_\_
- d) Put up with the \_\_\_\_\_
- e) Mobilize for the \_\_\_\_\_

1. Reflect back upon the most influential person in your life? What made them influential? Maybe it was the relationship, like a mother, father, etc. . . But was it the relationship, or something deeper? Ponder this and then reflect again "why" they were so influential. What about them made them influential in your life?
2. Read Psalm 37. Notice verses 9 and 11, what do they have in common with this week's Beatitude? Meekness has its foundation in one's relationship with God. What characteristics can you identify in verses 1-9 that give insight to our relationship with God? What do these characteristics have to do with the development of "meekness?"
3. Divide up the group and read the passages below. How do you see meekness typified by the characters in the stories? Are the positive characteristics? Always seen as positive? How might they be seen as negative or weak? In the end how did they turn out as the right thing?
  - Numbers 12:1-13
  - 1 Samuel 24:1-6
  - Genesis 13:5-8
4. How have you seen meekness as a negative? How has the culture portrayed meekness? Yet it is a trait that Jesus encourages. How is the trait that appears to have negative connotations, really a good thing? Have you ever desired to be "Meek?" Why or why not?

#### Action Step Challenge . . .

If your closest friend, the person who knows you best, were to describe you, would the word "meek" be in any of the words that describe you? Anything close? What would be the closest? Consider this statement . . . "Blessed are the meek, for they will inherit the earth after the proud have killed themselves trying to possess it." Which one will you be? What steps do you need to take to become the person God desires you to be?

### **Memory Verse**

*Blessed are the meek, for they will inherit the earth. - Matthew 5:5*



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**Blessed are the . . .**

1. Meekness Defined . . .

- a. **balance between too much and too little anger**
- b. **the application of the right medicine**
- c. **a gentle ocean breeze**
- d. **a tamed wild stallion**

2. Meekness Illustrated **Toward God**

Cp. Psalm 37

3. Meekness Illustrated **Toward Man**

Cp. Numbers 12:1-13; 1 Samuel 24:1-6; Genesis 13:5-8

4. How About a Meekness Transformation . . .

- a) Study Under **the Son**
- b) Welcome **the Word of God**
- c) Submit to **the Spirit of God**
- d) Put up with the **People of God**
- e) Mobilize for the **Mission of God**

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